







Triple P



Positive Parenting Program

Please Join us for an evidence based parenting series which will give you practical ideas to help you raise your child to be confident, competent and resilient.

Triple P is designed for all families and will give you the skills to respond to the following behaviors :

- Refusal to follow directions
 - **⋄ Tantrums**
- Difficulty with morning & bedtime routines
 - Other challenging behaviors.... and more



No Cost Workshop

Parents of children 0-5

<u>Join via Zoom</u>

Log in information will be sent to each participant prior to start of group.

Wednesdays

May 20,2020 to July 8,2020 1:30PM to 3:00PM

Space is limited!!! To reserve your spot call us at 805-485-6114 ext. 625 or email cgonzalez@icfs.org