

TEEN POWER & CONTROL

USING SOCIAL STATUS:

Treating them like a servant. Making all of the decisions. Being the one to define men's and women's roles.

INTIMIDATION: Making someone afraid by using looks, actions, gestures. Smashing things. Destroying property. Abusing pets. Displaying weapons.

MINIMIZE/DENY/

BLAME: Making light of the abuse and not taking concerns about it seriously. Saying that the abuse didn't happen. Shifting responsibility for abusive behavior. Saying she/he caused it.

THREATS:

Making and/or carrying out threats to do something to hurt another. Threatening to leave, to commit suicide, to report him/her to the police. Making him/her drop charges. Making him/her do illegal things.

SEXUAL COERCION:

Manipulating or making threats to get sex. Getting her pregnant. Threatening to take the children away. Getting someone drunk or drugged to get sex.

ISOLATION/ EXCLUSION:

Controlling what another does, who they see and talk to, what they read, where they go. Limiting outside involvement. Using jealousy to justify actions.

ANGER /

EMOTIONAL ABUSE: Putting him/her down, making him/her feel bad about themselves. Name calling. Making them think that they're crazy. Playing mind games. Humiliating one another. Making them feel guilty.

PEER PRESSURE:

Threatening to expose someone's weakness or spread rumors. Telling malicious lies about an individual to peer group.