

# Respect Pledge

I'll know my friend, boyfriend, or girlfriend respects me if they:


My friends, boyfriend, or girlfriend will know I respect them because I will:


## PLEDGE:

I pledge to:

- Take the time to define what respect means to me
- Discuss Respect with my friends and my dating partner
- Realize what I can and cannot control
- Declare my right to live violence-free

I will always ask my friends, boyfriend, or girlfriend what respect means to them whenever I begin a new friendship/relationship. I will tell them what respect means to me. I'll listen to, and hear what other people have to say, and I will only become involved in friendships and relationships where I feel as though I'm being listened to, heard, and respected.

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Date

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Name

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Signature