



# Triple P



## Positive Parenting Program

*Please Join us for an evidence based parenting series which will give you practical ideas to help you raise your child to be confident, competent and resilient.*

*Triple P is designed for all families and will give you the skills to respond to the following behaviors :*

- ◇ *Refusal to follow directions*
- ◇ *Tantrums*
- ◇ *Difficulty with morning & bedtime routines*
- ◇ *Other challenging behaviors*
- .... and more*

### ***Moorpark Parenting Group***

### ***No Cost Workshop***

***Tuesday Mornings***

***Dec. 04, 2018 to Feb. 5, 2019***

***10:30 AM to 12:00 PM***

***Bring a Snack to Share***

***Ruben Castro Center***

***612 Spring Road, Building B Suite 102***

***Moorpark, CA 93021***

***Space is limited!!! To reserve your spot call us at 805-485-6114 ext. 625.***

