



# Interface Mental Health Services School Referral Form

Referral Date: \_\_\_\_\_

## Referral/Screening Source

Referring Person: \_\_\_\_\_  
Phone: \_\_\_\_\_

Relation to client: \_\_\_\_\_  
Email: \_\_\_\_\_

## School Information

School District: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_  
Phone: \_\_\_\_\_

School Name:  \_\_\_\_\_ Elementary  
 \_\_\_\_\_ Jr. High  
 \_\_\_\_\_ High School

Grade: \_\_\_\_\_

## Client Information

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ MI: \_\_\_\_\_

Primary Language: English Spanish Other: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent or Caregiver info: Name: \_\_\_\_\_ Relationship to client: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Do we have permission to leave a msg? Yes  No

Address: \_\_\_\_\_  
City: \_\_\_\_\_ Zip: \_\_\_\_\_

Current Services: Probation Drug and Alcohol Special Education Public Health Wrap TBS  
Regional Center CFS: Worker's Name/Number: \_\_\_\_\_

Insurance Status: Medi-Cal # \_\_\_\_\_ Issue Date: \_\_\_\_\_  
 None  Private or other insurance  Unknown

**Presenting Problem/Background:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## History

1. Family History of: Mental disorder Incarceration Substance abuse Domestic violence
2. Experienced/witnessed abuse, violence, trauma, or neglect? Yes No Unknown  
Sex Abuse (witness victim) Neglect (witness victim) Physical Abuse (witness victim) Trauma (witness victim)
3. Significant exposure to teratogens (alcohol, drugs, lead, etc.)? Yes No Unknown
4. History of mental health treatment/intervention? Yes No Unknown  
Psychiatric hospitalization Therapy School counseling Residential  
Psychiatric meds: \_\_\_\_\_

### **Urgent & Emergency Questions**

1. *Danger to self or others in the last 30 days?* Yes No Unknown

*If Yes, please describe:* \_\_\_\_\_

2. *Bizarre/unusual behavior in the last 30 days?* Yes No Unknown

*If Yes, please describe:* \_\_\_\_\_

### **Routine Questions**

1. *Social adjustment problems?* Yes No Unknown

Damages own/others property Runs away Lack of guilt Steals Fights Mute

2. *Difficulty managing emotions?* Yes No Unknown

Severe temper tantrums Nightmares Overactive Cries inconsolably

Feels hopeless Sad/withdrawn Feels worthless Excess worry

3. *Problems making and maintaining healthy relationships?* Yes No Unknown

Poor peer relationships Poor bond with caregiver Gang involved Provokes & victimizes

4. *Personal care problems?* Yes No Unknown

Frequently wets or soils self Eats/drinks things that aren't food Poor hygiene

5. *Significant functional or daily living problems?* Yes No Unknown

Significant language delays Can't manage age appropriate skills

Difficulty sleeping Difficulty understanding others

6. *Child of parental abuse or alcohol and/or drugs?* Yes No Unknown

Meth/Stimulants Cannabis Alcohol Other: \_\_\_\_\_

### **Additional Questions**

1. *Is the child in any special education, resource classes or receiving special assistance through the school?*

2. *Does the child have an IEP?* Yes No Unknown

*Or is one scheduled?* Yes No Unknown - If so when? \_\_\_\_\_

#### *English Statement*

I understand that my child is being referred to Interface Children & Family Services for mental health services. I understand that my participation with my child is essential. I hereby give my consent for the exchange and release of information for this purpose.

#### *Spanish Statement*

Entiendo que mi niño está siendo referido al Interface Children & Family Services para servicios de Salud Mental. Entiendo que mi participación con mi niño es esencial. Doy por este medio mi consentimiento para el intercambio y el lanzamiento de información para este propósito.

\_\_\_\_\_  
Authorized Signature (Parent or Guardian)

\_\_\_\_\_  
Date

**Complete and fax to: Interface Mental Health Services Intake Dept. 805-278-4391**

**Questions: Contact Intake Dept. 805-485-6114 ext. 662**