# Strengthening Children

#### CHILD & YOUTH (INFANCY - 21 YEARS) Emotional Wellness

Individual and family therapy to improve behavioral and emotional health, social skills, and resiliency. Comprehensive mental health assessment and clientdriven plan.

#### "My Body Belongs to Me"

A personal safety/child abuse prevention program for children from preschool through 6th grade and their families. This program educates and empowers children in a non-threatening way, so that they may be better equipped to identify and avoid abuse.

#### Child Abuse Treatment (CHAT)

A BC

Therapeutic services are provided to child survivor(s) focused on recovery from victimization and trauma.

#### PROGRAM TO EVALUATE & TREAT Sexual Abuse (PETSA)

Through individual and group therapy, youth survivors learn to reduce destructive feelings and develop a process to move through the abuse they have experienced in order to regain a sense of safety and ability to relate genuinely and spontaneously again.

#### Phoenix PROJECT

Provides mental health & trauma treatment services to children/ youth in grades K-12 and their families who experienced trauma due to the Thomas and Woolsey fires of 2018.





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#### Coaching Boys into Men

Coaching Boys into Men is an evidencebased prevention program that supports and motivates local high school athletic coaches to educate and inform their young male athletes about healthy relationship skills.



#### LIFT

Lead. Inspire. Focus. Transform.

The Youth LIFT Partnership program is aimed at diverting youth from initial and/or subsequent contact with the juvenile justice system using approaches that are evidence-based, culturally relevant, trauma-informed, and developmentally appropriate. This collaboration with the police department is designed to provide diversion, offer mentoring, mental health services and case management and support access to community resources, academic- and vocationaleducation services, and behavioral health services.





TEENS & YOUNG ADULTS

# Shifting Boundaries & TEEN DATING VIOLENCE PREVENTION

These programs provide evidence-based programs designed to prevent and reduce teen dating violence and sexual harassment among middle school and high school students throughout Ventura County.



#### Street Outreach PROGRAM

The Street Outreach Team works with runaway, homeless, and at-risk youth in Ventura County ages 12-24 to provide supportive services, guidance, and assistance.

#### Youth Outreach LINE

Connects pre-teens and teens to services and assistance with shelter/ housing assessments, family mediation, emancipation information, case management, and other youth-specific resource information.

#### **Youth Shelter**

Temporary shelter and supportive services for youth ages 12-17 who have been referred and are/or are at-risk of experiencing homelessness.





### Strengthening Families

#### PARENT CHILD Interaction Therapy (PCIT)

An evidence-based model, enhancing parent-child attachment and child compliance to family rules and expectations with children ages 2-8 years old.

### SAFE JOURNEY Transitional Shelter

Safe, longer-term shelter for survivors of domestic violence and/or human trafficking includes case management, counseling, and additional services to support each survivor through his or her healing process. This shelter promotes safety, personal growth, and self-sufficiency.

#### Homebuilders

Homebuilders provides intensive, in-home crisis intervention, counseling, and life-skills education for families who have children at imminent risk of placement into the foster care system.

### Emergency Shelter

A 30-day, confidential shelter for survivors fleeing domestic violence. Services offered include safe shelter, food & clothing, case management, counseling, legal and social service advocacy, and other supports tailored to individual needs.

#### TRIPLE P POSITIVE PARENTING PROGRAM

An evidence-based program for parents of children up to age 5 designed to prevent – as well as treat – behavioral and emotional problems in children. This program aspires to create family environments that strengthen the bonds between parents and children and encourages children to realize their full potential.





# Supporting the Community

#### 211 Ventura County

A comprehensive information and assistance service for 40 counties statewide, connecting thousands of callers and texters each year with information about health and human services available to them. 211 Ventura County phone and text services are available 24 hours a day, providing critical information for daily assistance as well as in times of crises or disasters.



#### **Emergency Shelter**

Interface operates a traumainformed and confidential shelter for adult survivors of human trafficking, including basic needs and supportive services.

#### Crisis Response

Through individual and group therapy, youth survivors learn to reduce destructive feelings and develop a process to move through the abuse they have experienced in order to regain a sense of safety and ability to relate genuinely and spontaneously again.









supporting the Community

#### **The Core**

#### CONNECTION PARTNERSHIP

A collaborative of communitybased agencies with a shared mission to remove barriers, increase awareness, and provide community support for individuals who have been incarcerated to promote successful reintegration and reduce recidivism.

#### Training & Outreach

Training and technical assistance is available for medical professionals, law enforcement, hospitality providers, and other community agencies to recognize the signs of human trafficking, to be empowered to report human trafficking and to respond to the needs for survivors.

#### Ventura County Coalition Against Human Trafficking

Interface belongs to a coalition of local agencies and organizations partnering to prevent, prosecute, properly identify victims, and provide supportive services to survivors to combat the issue of trafficking locally.



