Healthy Heart Beats

We know you check your pulse, but what about your playlist? Music effects your mood. Stay emotionally tuned with yourself and those around you. Choose positive vibes. Reverberate them in your relationships. Go ahead. Rock your world with songs that are good for your health. Keep the harmony and preserve the quality of life.

Nutritious songs that are blast worthy in any speakers:

Lucky - Jason Mraz & Colbie Caillat
Miss Independent - Ne-Yo
Knock You Down - Keri Hilson
Only You Can love Me - Keith urban
Spotlight - Jennifer Hudson
Let it Go - Keyshia Cole
Until the End of Time - Justin Timberlake feat. Beyoncé
A Woman's Worth - Alicia Keys
Let Your Love Be Strong - Switchfoot
What I've Done - Linkin Park
I'm Yours - Jason Mraz
Apologize - One Republic
Beautiful - Christina Aguilera
Video - India. Arie
Superwoman - Alicia Keys
I Won't Let Go - Rascal Flatts
Are You Gonna Kiss Me or Not - Thompson Square
Honey Bee - Blake Shelton
Stereo Heart - Gym Class Heroes feat. Adam Levine
Sure Thing - Miguel
Just a Kiss - Lady Antebellum
I Do - Colbie Caillat
God Gave Me You - Blake Shelton