

Hands Are **NOT** For Hitting

Children Have the Right:

- To be listened to.
- To be given an explanation.
- To be children.
- To their feelings.
- To spend time with their parents.
- To be taught right from wrong.
- To say no.
- To cry.
- To be adored and hugged just because they are children.
- To be praised.
- To develop their own talents.
- To food, clothing and shelter.
- To be taken seriously.
- To be treated as people.
- To not be expected to behave like adults.
- To be imperfect.
- To make mistakes.
- To be afraid.
- To quit.
- To be comforted.
- To be accepted as an individual.
- To be loved unconditionally.

Parents Have the Right:

- To be treated as people.
- To not be taken advantage of.
- To be treated with courtesy.
- To set limits—and change limits as children grow.
- To enforce rules—to insure child's safety.
- To certain amount of peace and quiet.
- To know their children's friends.





Hands Are **NOT** For Hitting

They're for hugging, work or play!
Today I make this promise – Not to use my
hands in a harmful way!

NAME

DATE