Welcome Champions!

We all have a role to play in the quest to end domestic violence in Ventura County and adjacent communities.

This toolkit provides you with 3 concrete ways to become a Champion for Change: EDUCATE - ACTIVATE – GET INVOLVED

You will also find safe ways to assist someone who may be experiencing abuse and where to find help.

We thank you for taking a pledge on behalf of survivors by saying:


Sincerely,

Interface Children & Family Services
DV Champions for Change
How do I Start?

#1 Educate yourself
#2 Activate/Engage others
#3 Get Involved

www.icfs.org/DVChampion
DV Champions for Change
#1 EDUCATE

- Educate yourself on the warning signs of domestic violence and its impact on families.

- Learn how domestic violence can occur in a variety of settings and situations.

- Become familiar with the resources in your community and how to access them.
DV Champions for Change
#2 ACTIVATE

- Take the pledge to say **No More!** to domestic violence in your community.

- **Become a Champion for Change,** inspire and engage others to join you.

- **If you see something, say something.** Take an active role in providing support to a survivor.
DV Champions for Change
#3 GET INVOLVED

- Donate or purchase wish list items
- Volunteer your time
- Attend/Sponsor the 2019 Love is Brewing Event
- Join the larger movement to end DV by becoming a member of the California Partnership to End Domestic Violence.

www.icfs.org/DVChampion
DV Champions for Change Toolkit Resources -

- Domestic Violence 101 PowerPoint
- Family Violence Intervention Brochure
- DV Tip Sheets -
  - Domestic Violence & the Workplace
  - Frequently Asked Questions
  - Safety Planning Worksheets
  - Tips for Helping Survivors
  - Where to Find Help

- Teen Dating Violence -
  - Tips for Healthy Teen Relationships
  - Conversation Starters for Parents
  - Are you Modeling Respect at Home?
DV Champions for Change
“Project Hope” Traveling Art Exhibit

- Support this ongoing art exhibit by:
  - Donation at www.icfs.org/dvchampion
  - Display at a hosted event
  - Display in lobby of your workplace or other public place

Contact Interface:
(805) 485-6114, Ext. 683
LSmith@icfs.org
In the United States military, the Purple Heart is presented to those who have been wounded while serving.

For survivors of Domestic Violence, who may also be wounded both physically and emotionally, the color is meant to be a symbol of peace, courage, survival, honor and dedication to ending violence.
DV Champions for Change

Why the Butterfly?

The butterfly is a universal symbol of transformation, which is representative of the change that victims undergo as they heal the wounds of their past and work toward a safe and thriving future.
A special thank you our Public/Private Partners for supporting efforts to reduce domestic violence in Ventura County and adjacent communities. We hope this list will grow...:

- Interface Donors and Community Partners
- Ventura County DV Task Force Members
- Love is Brewing Committee Members
- Interface Clients
- Interface Volunteers
- Interface Staff
DV Champions for Change
24/7 Help is Available

- EMERGENCY: DIAL 911
- 24 hour DV Hotline: 800-636-6738
- 24 Information/Referral Helpline: DIAL 211 or go to www.211ventura.org