Domestic Violence Champion for Change Tool Kit



www.icfs.org/DVChampion



Welcome Champions!

We all have a role to play in the quest to end domestic violence in Ventura County and adjacent communities.

This toolkit provides you with 3 concrete ways to become a Champion for Change: EDUCATE - ACTIVATE – GET INVOLVED

You will also find safe ways to assist someone who may be experiencing abuse and where to find help.

We thank you for taking a pledge on behalf of survivors by saying:

"No More Silence, No More Shame & No More Stigma" to domestic violence.

Sincerely,

Interface Children & Family Services

DV Champions for Change How do I Start?

#1 Educate yourself#2 Activate/Engage others# 3 Get Involved











DV Champions for Change #1 EDUCATE

 Educate yourself on the warning signs of domestic violence and its impact on families.

 Learn how domestic violence can occur in a variety of settings and situations.

 Become familiar with the resources in your community and how to access them.





DV Champions for Change #2 ACTIVATE

 Take the pledge to say No More! to domestic violence in your community.

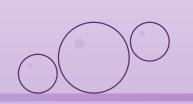
 Become a Champion for Change, inspire and engage others to join you.

 If you see something, say something. Take an active role in providing support to a survivor.

DV Champions for Change #3 GET INVOLVED

- Donate or purchase wish list items
- Volunteer your time
- Attend/Sponsor the 2019 Love is Brewing Event
- Join the larger movement to end DV by becoming a member of the California Partnership to End Domestic Violence.

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DV Champions for Change Toolkit Resources-

Domestic Violence 101 PowerPoint
Family Violence Intervention Brochure
DV Tip Sheets-

- Domestic Violence & the Workplace
- Frequently Asked Questions
- Safety Planning Worksheets
- Tips for Helping Survivors
- Where to Find Help

Teen Dating Violence-

- Tips for Healthy Teen Relationships
- Conversation Starters for Parents
- Are you Modeling Respect at Home?



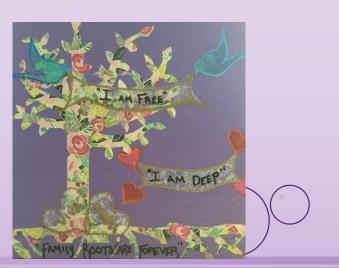


DV Champions for Change "Project Hope" Traveling Art Exhibit

Support this ongoing art exhibit by:
 Donation at www.icfs.org/dvchampion
 Display at a hosted event

Display in lobby of your workplace or other public place

Contact Interface: (805) 485-6114, Ext. 683 LSmith@icfs.org



DV Champions for Change Why so much purple?

- In the United States military, the Purple Heart is presented to those who have been wounded while serving.
- For survivors of Domestic Violence, who may also be wounded both physically and emotionally, the color is meant to be a symbol of peace, courage, survival, honor and dedication to ending violence.



DV Champions for Change Why the Butterfly?

The **butterfly** is a universal symbol of transformation, which is representative of the change that victims undergo as they heal the wounds of their past and work toward a safe and thriving future.

I Am Free





DV Champions for Change Special Thanks

A special thank you our Public/Private Partners for supporting efforts to reduce domestic violence in Ventura County and adjacent communities. We hope this list will grow...:

- Interface Donors and Community Partners
- Ventura County DV Task Force Members
- Love is Brewing Committee Members
- Interface Clients
- Interface Volunteers
- Interface Staff



DV Champions for Change 24/7 Help is Available



• EMERGENCY: DIAL 911

o 24 hour DV Hotline: 800-636-6738

 24 Information/Referral Helpline: DIAL 211 or go to <u>www.211ventura.org</u>

